

## KEVIN TARLOW, PHD

---

Assistant Professor, Clinical-Community Psychology  
University of Alaska Anchorage  
Anchorage, AK 99508  
pronouns: he/him

[krtarlow@alaska.edu](mailto:krtarlow@alaska.edu)  
[ktarlow.com](http://ktarlow.com)

## EDUCATION

---

|   |      |
|---|------|
| <b>PhD, Counseling Psychology</b> , Texas A&M University, College Station, TX | 2017 |
| <b>EdM, Counseling</b> , Columbia University, New York, NY                    | 2011 |
| <b>MA, Counseling</b> , Columbia University, New York, NY                     | 2011 |
| <b>BS, Psychology</b> , Texas A&M University, College Station, TX             | 2009 |

## LICENSURE

---

|   |                |
|---|----------------|
| <b>Licensed Clinical Psychologist, Virginia</b> #0810006724 | 2020 – present |
| <b>Licensed Psychologist, Texas</b> #38469                  | 2020 – present |
| <b>Licensed Telehealth Provider, Florida</b> #767           | 2021 – present |

## ACADEMIC APPOINTMENTS

---

|   |                |
|---|----------------|
| <b>Assistant Professor, Clinical-Community Psychology</b><br><i>University of Alaska Anchorage, Anchorage, AK</i> | 2021 – present |
|---|----------------|

- Teaches graduate courses in ethics, intervention, and clinical supervision
- Supervises practicum trainees in a department-based clinic
- Conducts research focused on therapist identity development
- Advises graduate student researchers

|   |             |
|---|-------------|
| <b>Assistant Professor, Psychology</b><br>Hampton University, Hampton, VA | 2018 – 2021 |
|---|-------------|

- Taught nine undergraduate and graduate courses (clinical/counseling, abnormal, research methods, statistics) at a Historically Black College/University (HBCU)
- Co-Investigator of a small foundation-funded project serving veterans with PTSD
- Supervised master's thesis and mentored undergraduate researchers
- Chaired department committee on Recruitment and Retention
- Advised Psychology Club

|   |      |
|---|------|
| <b>Visiting Lecturer, Counseling Psychology</b><br><i>Texas A&amp;M University, College Station, TX</i> | 2018 |
|---|------|

- Taught graduate-level Research Methods course for APA-accredited Counseling Psychology doctoral program at a large public university with very high research activity (R1)

**Adjunct Professor, Psychology** 2012  
*Hudson County Community College, Jersey City, NJ*

- Taught Introduction to Psychology for mostly nontraditional college students, including high school students, at a designated Hispanic-Serving Institution (HSI)

**Adjunct Professor, Psychology** 2011 – 2012  
*Saint Peter's University, Jersey City, NJ*

- Taught Introduction to Psychology at a private 4-year university that is a designated Hispanic-Serving Institution (HSI)

### **ADVANCED CLINICAL & RESEARCH TRAINING**

---

**Postdoctoral Fellow** 2017 – 2018  
*Texas A&M Telebehavioral Care, Texas A&M University, College Station, TX*

- Served in a clinician-administrator role at a grant-funded telebehavioral health clinic
- Provided evidence-based mental health services to low-income and uninsured clients residing in medically underserved rural communities
- Directed research projects focusing on telebehavioral care outcomes, suicide risk, and therapist training
- Supervised 10 practicum trainees
- Contributed to grant-writing projects

**Predoctoral Intern** 2016 – 2017  
*Counseling & Psychological Services, Texas A&M University, College Station, TX*

- Provided evidence-based mental health services to the study body of a large public university located in a federally designated Health Professional Shortage Area (HPSA)
- Treatment modalities included individual, couples, and group therapy
- Special client populations included first-generation students, undocumented students, LGBTQ+ students, and veterans
- Served on Outcome Evaluation and Training committees
- Supervised practicum trainee

### **OTHER PROFESSIONAL EXPERIENCE**

---

**Licensed Clinical Psychologist** 2020 – present  
*Private Practice*

- Provide individual psychotherapy services to adults for a range of presenting concerns, including depression, anxiety, trauma, and identity-related issues

**Men's Support Group Facilitator** 2019 – present  
*Center for Sexual Assault Survivors, Newport News, VA*

- Facilitate mental health support group for male victims of sexual trauma at a 501(c)(3) non-profit organization serving the Virginia Peninsula region with free crisis and support services

**Editor** 2016 – present  
*lowcosthelp.com*

- Supervise content and outreach activities for [lowcosthelp.com](http://lowcosthelp.com), a national directory of free and sliding-scale mental health care providers serving low-income and uninsured individuals in over 350 cities across all 50 states

**Editorial Assistant** 2014 – 2016  
*Journal of Clinical Psychology*

- Managed editorial workflow for submitted and peer-reviewed research articles

**Referral Coordinator** 2012 – 2016  
*Counseling & Psychological Services, Texas A&M University, College Station, TX*

- Facilitated the referral process for hundreds of clients seeking local and regional mental health services with emphasis on assisting low-income and uninsured clients

## **RESEARCH INTERESTS**

---

telebehavioral health care  
suicide  
masculinity  
therapist training  
single-case research methodology

## **PEER-REVIEWED PUBLICATIONS**

---

*\* student researcher*

**Tarlow, K. R.**, Brossart, D. F., \*McCammon, A. M., \*Giovanetti, A. J., \*Belle, M. C., & \*Philip, J. (2021). Reliable visual analysis of single-case data: A comparison of rating, ranking, and pairwise methods. *Cogent Psychology*, 8, 1-15.  
<https://doi.org/10.1080/23311908.2021.1911076>

Hutchins, N. S., Burke, M. D., Bowman-Perrott, L., **Tarlow, K. R.**, & Hatton, H. (2020). The effects of social skills interventions for students with EBD and ASD: A single-case meta-analysis. *Behavior Modification*, 44(5), 773-794.  
<https://doi.org/10.1177/0145445519846817>

- Tarlow, K. R.,** McCord, C. E., \*Nelon, J. L., & Bernhard, P. A. (2020). Comparing in-person supervision and telesupervision: A multiple baseline single-case study. *Journal of Psychotherapy Integration, 30*(2), 383-393. <https://doi.org/10.1037/int0000210>
- Tarlow, K. R.,** McCord, C. E., Du, Y., Hammett, J., & \*Wills, T. (2020). Rural mental health service utilization in a Texas telepsychology clinic. *Journal of Clinical Psychology, 76*(6), 1004-1014. <https://doi.org/10.1002/jclp.22903>
- Saenz, J. J., \*Sahu, A., **Tarlow, K. R.,** & Chang, J. (2020). Telepsychology: Training perspectives. *Journal of Clinical Psychology, 76*(6), 1101-1107. <https://doi.org/10.1002/jclp.22875>
- Tarlow, K. R.,** & \*Johnson, T. A., & McCord, C. E. (2019). Rural status, suicide ideation, and telemental health: Risk assessment in a clinical sample. *Journal of Rural Health, 35*(2), 247-252. <https://doi.org/10.1111/jrh.12310>
- \*Sanchez Gonzalez, M. L., McCord, C. E., Dopp, A. R., **Tarlow, K. R.,** Dickey, N. J., McMaughan, D. K., & Elliott, T. R. (2019). Telemental health training and delivery in primary care: A case report of interdisciplinary treatment. *Journal of Clinical Psychology: In Session, 75*(2), 260-270. <https://doi.org/10.1002/jclp.22719>
- Tarlow, K. R.,** & Brossart, D. F. (2018). A comprehensive method of single-case data analysis: Interrupted Time-Series Simulation (ITSSIM). *School Psychology Quarterly, 33*(4), 590-603. <https://doi.org/10.1037/spq0000273>
- Tarlow, K. R.** (2017). An improved rank correlation effect size statistic for single-case designs: Baseline Corrected Tau. *Behavior Modification, 41*(4), 427-467. <https://doi.org/10.1177/0145445516676750>
- Tarlow, K. R.,** & Penland, A. (2016). Outcome assessment and inference with the Percentage of Nonoverlapping Data (PND) single-case statistic. *Practice Innovations, 1*(4), 221-233. <https://doi.org/10.1037/pri0000029>
- Tarlow, K. R.** (2016). Teaching principles of inference with ANOVA. *Teaching Statistics, 38*(1), 16-21. <https://doi.org/10.1111/test.12085>
- Tarlow, K. R.,** McCord, C. E., Elliott, T. R., & Brossart, D. F. (2014). Health related quality of life of rural clients seeking telepsychology services. *International Journal of Telemedicine and Applications, 2014, 7*. <https://doi.org/10.1155/2014/168158>

## MANUSCRIPTS IN PROGRESS

---

Thompson, J. L., Ko, E. H., Root, J., **Tarlow, K. R.,** Foster, M. J., & Harrod, H. (under review). *A meta-analysis and evidence-based review of reading interventions for students with autism spectrum disorder.*

**Tarlow, K. R.** (in preparation). *Justice as a first force in counseling and therapy.*

- Tarlow, K. R.** (2020, April). *Justice as a first force in counseling and therapy*. Poster accepted for presentation at the annual meeting of the Society of Counseling Psychology (APA Division 17), New Orleans, LA. (*conference cancelled due to COVID-19 pandemic*)
- Tarlow, K. R.**, Chang, J. E., McCord, C. E., \*Du, Y., & \*Hammett, J. (2018, August). *Improving access to care via a hub and spoke telehealth model in rural Texas*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- \*Ponciano, C., \*Philip, J., **Tarlow, K. R.**, & McCord, C. E. (2018, July). *Self-reported client concerns in telehealth counseling services with minority groups*. Poster presented at the biennial meeting of the Society for the Psychological Study of Culture, Ethnicity, and Race Research (American Psychological Association Division 45), Austin, TX.
- Tarlow, K. R.**, McCord, C. E., \*Du, Y., \*Hammett, J., & Chang, J. E. (2018, June). *Overcoming geographical distances: An investigation of a hub and spoke telemental health model*. Presented at the Annual Research Meeting of Academy Health, Seattle, WA.
- Tarlow, K. R.** (2018, February). *Meta-analysis of single-case research: Applications to autism telepractice*. In P. Yovanoff (Chair), *Single-case research effect size estimation and meta-analysis: Issues and applications*. Panel conducted at the Pacific Coast Research Conference, San Diego, CA.
- \*Kleine-Kracht, D., \*Kaysey, A., \*Giovanetti, A., \*Parks, T., McCord, C., & **Tarlow, K. R.** (2017, November). *The nature and challenges of referral sources for low SES and rural populations at a telecounseling clinic*. Poster presented at the annual meeting of the Texas Psychological Association, Houston, TX.
- Tarlow, K. R.**, Dickey, E., Dickey, N. W., McCord, C. E., Poston, D., & Watzak, B. (2017, September). *A model of interprofessional collaboration in a free healthcare clinic: The Health For All Health Huddle*. Poster presented at the annual meeting of the Interprofessional Education and Research Symposium, Bryan, TX. (**Winner: Best Interprofessional Activity**)
- Saenz, J. J., Rosner, C. M., Garney, W., McCord, C. E., Dornhecker, C., Kates, A. Dornhecker, M., & **Tarlow, K. R.** (2016, August). *Confronting LGBTQ+ health disparities: An interdisciplinary approach for policy and practice*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- Tarlow, K. R.** (2015, February). *Analysis of variance or: How I learned to stop worrying about means and love the homogeneity of variance assumption*. Paper presented to the annual meeting of the Southwest Educational Research Association, San Antonio, TX.
- Hale, N., **Tarlow, K. R.**, & Madkins, J. (2015, February). *The art and practice of case referral in a university counseling center*. Presentation at the annual Texas University and College Counseling Center Conference, Austin, TX.

**Tarlow, K. R.,** McCord, C. E., & Elliott, T. R. (2014, August). *Short-term benefits of telecounseling in a rural, low-SES Texas community*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

## RESEARCH SOFTWARE & TOOLS

---

**Tarlow, K. R.** (2018). *ITSSIM: Interrupted Time-Series Simulation, Version 1.0*. College Station, TX: Author. Retrieved from <http://www.ktarlow.com>

**Tarlow, K. R.** (2016). *Baseline Corrected Tau Calculator*. Retrieved from <http://www.ktarlow.com>

**Tarlow, K. R.,** & Penland, A. (2016). *Percentage of Nonoverlapping Data (PND) Calculator*. Retrieved from <http://www.ktarlow.com>

## GRANTS & FUNDING

---

### **\$15,000: Disabled Veterans National Foundation (DVNF), 2019 – 2020**

Equine Assisted Therapy for Veterans with PTSD (Hampton University)  
Co-Investigator (PI: Kermit Crawford)

### **\$975,000: Health Resource and Services Administration (HRSA), 2018 – 2021**

e-PATTERN: Enhancing Patients' Access to Telehealth by Engaging Rural Networks Texas  
A&M University  
Grant-writing team (PI: Carly McCord)

### **\$1,200,000: Department of Defense Education Activity (DoDEA): Military-Connected Academic and Support Programs, 2015 – 2018**

Project SEW-B-IT: Social and Emotional Well-Being Intensive Training (Bossier Parish Schools)  
Grant-writing team (PI: Georgette Price)

## INVITED LECTURES & PANELS

---

**Hampton VA Medical Center, Hampton, VA** 2021  
*Ethical Considerations for Treating Suicidal Clients with Telehealth*  
(Continuing Education Series)

**Minnesota Psychological Association** 2020  
*Telehealth and Suicide in Rural Populations: Assessment and Intervention*  
(Rural Behavioral Health Practice Series)

**Hampton Youth Commission, Hampton, VA** 2020  
Youth Mental Health Forum

**Center for Sexual Assault Survivors, Newport News, VA** 2020  
*Supporting Male Sexual Assault Survivors* (Continuing Education Series)

|  |      |
|--|------|
| <b>Student Counseling Center, Hampton University</b><br><i>Telemental Health: Evidence and Practice</i>  | 2020 |
| <b>Alpha Phi Alpha, Hampton University</b><br><i>Stress, Anxiety, and Coping</i>   | 2018 |
| <b>Center for Population Health and Aging,<br/>School of Public Health, Texas A&amp;M University</b><br><i>Life &amp; Diabetes: Stress and Depression (Making Moves with Diabetes)</i>         | 2018 |
| <b>School of Public Health, Texas A&amp;M University</b><br><i>Psychological Trauma &amp; Posttraumatic Stress Disorder<br/>(PHLT 289 Zombie Apocalypse: A Public Health Matter)</i>           | 2017 |
| <b>Center for Population Health and Aging,<br/>School of Public Health, Texas A&amp;M University</b><br><i>Behavioral Health and Community Resources (1st Annual Diabetes Awareness Event)</i> | 2017 |
| <b>Texas A&amp;M Telebehavioral Care, Texas A&amp;M University</b><br><i>Helping Clients Understand Their Health Insurance Benefits</i>  | 2013 |
| <b>Talent Identification Program (TIP), Duke University</b><br><i>Clinical Neuropsychology</i>   | 2013 |

## **TEACHING EXPERIENCE**

---

### **Graduate Courses at University of Alaska Anchorage (2021 – present)**

PSY A611: Ethics & Professional Practice  
 PSY A629: Intervention II  
 PSY A652: Clinical Practicum  
 PSY A684: Clinical Supervision/Consultation

### **Undergraduate Courses at Hampton University (2018 – 2021)**

PSY 203: Introduction to Psychology  
 PSY 208: Research Methods  
 PSY 300: Abnormal Psychology  
 PSY 346: Statistics I  
 PSY 404: Marriage and Family Systems  
 PSY 404: Principles of Counseling and Psychotherapy  
 PSY 409: Independent Study

### **Graduate Courses at Hampton University (2018 – present)**

PSY 530: Professional Ethics  
 PSY 686: Thesis

### **Graduate Courses at Texas A&M University (2018)**

CPSY 690: Research Methods

**Undergraduate Courses at Hudson County Community College (2012)**

PSY 101: Introduction to Psychology

**Undergraduate Courses at Saint Peter’s University (2011 – 2012)**

PS 101: Introduction to Psychology

**Graduate Courses at Teachers College, Columbia University, taught as Graduate Teaching Assistant (2010 – 2011)**

CCPJ 5025: Group Counseling

CCPJ 5371: Foundations of Counseling Skills

**ACADEMIC SERVICE**

---

**University of Alaska Anchorage**

Outcomes Committee, Department of Psychology 2021 – present

Competencies Committee, Department of Psychology 2021 – present

**Hampton University**

Chair, Recruitment & Retention Committee, Department of Psychology 2018 – 2021

Graduate Curriculum Committee, Department of Psychology 2018 – 2021

Recruitment & Retention Committee, School of Liberal Arts & Education 2018 – 2021

Writing Across the Curriculum Committee, School of Liberal Arts & Education 2019 – 2021

Improve Committee (Institutional Self-Assessment) 2019 – 2021

Committee on Board Relationships 2020 – 2021

Advisory Committee on Libraries & Information Services 2020 – 2021

Faculty Advisor, Psychology Club 2019 – 2021

**Texas A&M University**

Training Committee, Counseling & Psychological Services 2017

Outcome Assessment Committee, Counseling & Psychological Services 2016

**HONORS & AWARDS**

---

- Favorite Professor Award: Student Support Services & Ronald E. McNair Scholars Program, Hampton University, 2019
- Best Professional Research Activity: Interprofessional Education and Research Symposium, Texas A&M Health Science Center, 2017
- Advanced Research Methods Certificate: College of Education and Human Development, Texas A&M University, 2017
- Distinguished Honor Graduate: College of Education and Human Development, Texas A&M University, 2016
- Professional Psychology Scholarship for Interns (\$1,000): College of Education and Human Development, Texas A&M University, 2016 – 2017
- Department of Educational Psychology Scholarship (\$1,000): College of Education and Human Development, Texas A&M University, 2012 – 2013



## **MEDIA COVERAGE**

---

- [Don't neglect spiritual, mental health during this time of health crisis, Baylor expert says](#), *Baylor University*, March 25, 2020.
- [Hampton University's Efforts to Change the Stigmas Around Mental Health](#), *Scripps Howard School of Journalism and Communications Blog, Hampton University*, January 22, 2020.
- [4 tips for avoiding burnout as a social worker](#), *Advocacy in Action*, *Diana R. Garland School of Social Work, Baylor University*, April 5, 2019.
- [Episode 47: How to find affordable counseling \(feat. Dr. Kevin Tarlow\)](#), *CXMH Podcast*, September 10, 2018.
- [At a distance: Telehealth and rural suicide risk assessment](#), *Vital Record*, August 27, 2018.
- [Texas A&M researchers telehealth and rural suicide risk assessment](#), *Connect, Association of Schools and Programs of Public Health*, August 23, 2018.
- [Talking about suicide in the wake of celebrity deaths](#), *KBTX-TV*, June 8, 2018.

## **MEMBERSHIPS**

---

American Psychological Association (APA)  
APA Division 17, Society of Counseling Psychology

### **CV updated: November 2021**

An updated version this document is available at [ktarlow.com/cv](http://ktarlow.com/cv)