

Kevin Tarlow, PhD

Licensed Psychologist & Assistant Professor
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Academic Appointments

- 2018 – current **Assistant Professor, Psychology**
Hampton University, Hampton, VA
Teaches 9 undergraduate and graduate courses in areas of expertise (clinical/counseling, research methods/statistics) at a private Historically Black College/University (HBCU). Directs research program focusing on telepsychology, trauma, and single-case research methodology. Co-PI of a small funded project serving veterans with PTSD. Supervises master's thesis and mentors undergraduate researchers. Chairs department committee on Recruitment and Retention and advises Psychology Club.
- 2018 **Visiting Lecturer, Counseling Psychology**
Texas A&M University, College Station, TX
Taught graduate-level *Research Methods* course for APA-accredited Counseling Psychology doctoral program at a large public university with very high research activity (R1).
- 2012 **Adjunct Professor, Psychology**
Hudson County Community College, Jersey City, NJ
Taught *Introduction to Psychology* for mostly nontraditional college students, including high school students, at a designated Hispanic-Serving Institution (HSI).
- 2011 – 2012 **Adjunct Professor, Psychology**
Saint Peter's University, Jersey City, NJ
Taught *Introduction to Psychology* at a private 4-year university that is a designated Hispanic-Serving Institution (HSI).

Education

- 2017 **PhD, Counseling Psychology**
Texas A&M University, College Station, TX
Dissertation: *Simulation Analysis and Meta-Analysis of Single-Case Experimental Designs*. Chair: Daniel F. Brossart. Received *Advanced Research Methods* certificate.
- 2011 **EdM, Counseling**
Columbia University, New York, NY
- 2011 **MA, Counseling**
Columbia University, New York, NY
- 2009 **BS, Psychology**
Texas A&M University, College Station, TX

Licensure

- 2020 – current **Licensed Clinical Psychologist, Virginia #0810006724**
- 2020 – current **Licensed Psychologist, Texas #38469**

Advanced Clinical & Research Training

- 2017 – 2018 **Postdoctoral Fellow**
Texas A&M Telebehavioral Care, Texas A&M University, College Station, TX
Served in a clinician-administrator role at a grant-funded telebehavioral health clinic. Provided evidence-based mental health services to low-income and uninsured clients residing in medically underserved rural communities. Supervised 10 practicum trainees. Directed research projects focusing on teletherapy outcomes, suicide risk, and therapist training. Prepared manuscripts for publication with multiple first-author articles. Contributed to grant-writing projects.
- 2016 – 2017 **Predoctoral Intern**
Counseling & Psychological Services, Texas A&M University, College Station, TX
Provided evidence-based mental health services to the study body of a large public university located in a federally designated Health Professional Shortage Area (HPSA). Treatment modalities included individual, couples, and group therapy. Special client populations included first-generation students, undocumented students, LGBTQ+ students, and veterans. Served on Outcome Evaluation and Training committees. Supervised practicum trainee.

Other Positions

- 2020 – current **Assistant Guest Editor**
International Journal of Environmental Research and Public Health
Special Issue: Chronic Disease, Disability, and Community Care. Guest Editor: Darcy McMaughan.
- 2020 – current **Licensed Clinical Psychologist**
Private Practice, Richmond, VA
Provide individual psychotherapy services to adults for a range of presenting concerns, including depression, anxiety, trauma, and identity-related issues.
- 2019 – current **Men's Support Group Facilitator**
Center for Sexual Assault Survivors, Newport News, VA
Facilitates mental health support group for male victims of sexual trauma at a 501(c)(3) non-profit organization serving the Virginia Peninsula region with free crisis and support services.
- 2016 – current **Editor**
LowCostHelp.com
Supervise content and outreach activities for LowCostHelp.com, a national directory of free and sliding-scale mental health care providers serving low-income and uninsured individuals in over 350 cities across all 50 states.
- 2017 – 2018 **Volunteer Advocate**
Brazos Valley Sexual Assault Resource Center, Bryan, TX
Staffed 24-hour crisis hotline and accompanied sexual assault victims to hospital.
- 2014 – 2016 **Editorial Assistant**
Journal of Clinical Psychology
Managed editorial workflow for submitted and peer-reviewed research articles.
- 2012 – 2016 **Referral Coordinator**
Counseling & Psychological Services, Texas A&M University, College Station, TX
Facilitated the referral process for hundreds of clients seeking local and regional mental health services with emphasis on assisting low-income and uninsured clients.

Peer-reviewed Publications

- Hutchins, N. S., Burke, M. D., Bowman-Perrott, L., **Tarlow, K. R.**, & Hatton, H. (2020). The effects of social skills interventions for students with EBD and ASD: A single-case meta-analysis. *Behavior Modification, 44*(5), 773-794. <https://doi.org/10.1177/0145445519846817>

- Tarlow, K. R.**, McCord, C. E., Nelon, J. L., & Bernhard, P. A. (2020). Comparing in-person supervision and telesupervision: A multiple baseline single-case study. *Journal of Psychotherapy Integration, 30*(2), 383-393. <https://doi.org/10.1037/int0000210>
- Tarlow, K. R.**, McCord, C. E., Du, Y., Hammett, J., & Wills, T. (2020). Rural mental health service utilization in a Texas telepsychology clinic. *Journal of Clinical Psychology, 76*(6), 1004-1014. <https://doi.org/10.1002/jclp.22903>
- Saenz, J. J., Sahu, A., **Tarlow, K. R.**, & Chang, J. (2020). Telepsychology: Training perspectives. *Journal of Clinical Psychology, 76*(6), 1101-1107. <https://doi.org/10.1002/jclp.22875>
- Tarlow, K. R.**, & Johnson, T. A., & McCord, C. E. (2019). Rural status, suicide ideation, and telemental health: Risk assessment in a clinical sample. *Journal of Rural Health, 35*(2), 247-252. <https://doi.org/10.1111/jrh.12310>
- Sanchez Gonzalez, M. L., McCord, C. E., Dopp, A. R., **Tarlow, K. R.**, Dickey, N. J., McMaughan, D. K., & Elliott, T. R. (2019). Telemental health training and delivery in primary care: A case report of interdisciplinary treatment. *Journal of Clinical Psychology: In Session, 75*, 260-270. <https://doi.org/10.1002/jclp.22719>
- Tarlow, K. R.**, & Brossart, D. F. (2018). A comprehensive method of single-case data analysis: Interrupted Time-Series Simulation (ITSSIM). *School Psychology Quarterly, 33*, 590-603. <https://doi.org/10.1037/spq0000273>
- Tarlow, K. R.** (2017). An improved rank correlation effect size statistic for single-case designs: Baseline Corrected Tau. *Behavior Modification, 41*, 427-467. <https://doi.org/10.1177/0145445516676750>
- Tarlow, K. R.**, & Penland, A. (2016). Outcome assessment and inference with the Percentage of Nonoverlapping Data (PND) single-case statistic. *Practice Innovations, 1*, 221-233. <https://doi.org/10.1037/pri0000029>
- Tarlow, K. R.** (2016). Teaching principles of inference with ANOVA. *Teaching Statistics, 38*, 16-21. <https://doi.org/10.1111/test.12085>
- Tarlow, K. R.**, McCord, C. E., Elliott, T. R., & Brossart, D. F. (2014). Health related quality of life of rural clients seeking telepsychology services. *International Journal of Telemedicine and Applications, 2014*, 7. <https://doi.org/10.1155/2014/168158>

Manuscripts In Progress

- Thompson, J. L., Ko, E. H., Root, J., **Tarlow, K. R.**, Foster, M. J., & Harrod, H. (under review). *A meta-analysis and evidence-based review of reading interventions for students with autism spectrum disorder.*
- Tarlow, K. R.**, McCammon, A., Giovanetti, A., Belle, M. C., Philip, J., Brossart, D. F. (under review). *Reliable visual analysis of single-case data: A comparison of rating, ranking, and pairwise methods.*
- Tarlow, K. R.** (in preparation). *Justice as a first force in counseling and therapy.*

Refereed Conference Proceedings

- Tarlow, K. R.** (2020, April). *Justice as a first force in counseling and therapy.* Poster accepted for presentation at the annual meeting of the Society of Counseling Psychology (APA Division 17), New Orleans, LA. (conference cancelled due to COVID-19 pandemic)
- Tarlow, K. R.**, Chang, J. E., McCord, C. E., Du, Y., & Hammett, J. (2018, August). *Improving access to care via a hub and spoke telehealth model in rural Texas.* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Ponciano, C., Philip, J., **Tarlow, K. R.**, & McCord, C. E. (2018, July). *Self-reported client concerns in telehealth counseling services with minority groups.* Poster presented at the biennial meeting of the Society for the Psychological Study of Culture, Ethnicity, and Race Research (American Psychological Association Division 45), Austin, TX.
- Tarlow, K. R.**, McCord, C. E., Du, Y., Hammett, J., & Chang, J. E. (2018, June). *Overcoming geographical distances: An investigation of a hub and spoke telemental health model.* Presented at the Annual Research Meeting of Academy Health, Seattle, WA.
- Tarlow, K. R.** (2018, February). *Meta-analysis of single-case research: Applications to autism telepractice.* In P. Yovanoff (Chair), *Single-case research effect size estimation and meta-analysis: Issues and applications.* Panel conducted at the Pacific Coast Research Conference, San Diego, CA.
- Kleine-Kracht, D., Kaysey, A., Giovanetti, A., Parks, T., McCord, C., & **Tarlow, K. R.** (2017, November). *The nature and challenges of referral sources for low SES and rural populations at a telecounseling clinic.* Poster presented at the annual meeting of the Texas Psychological Association, Houston, TX.

- Tarlow, K. R.**, Dickey, E., Dickey, N. W., McCord, C. E., Poston, D., & Watzak, B. (2017, September). *A model of interprofessional collaboration in a free healthcare clinic: The Health For All Health Huddle*. Poster presented at the annual meeting of the Interprofessional Education and Research Symposium, Bryan, TX. (Winner: Best Interprofessional Activity)
- Saenz, J. J., Rosner, C. M., Garney, W., McCord, C. E., Dornhecker, C., Kates, A. Dornhecker, M., & **Tarlow, K. R.** (2016, August). *Confronting LGBTQ+ health disparities: An interdisciplinary approach for policy and practice*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- Tarlow, K. R.** (2015, February). *Analysis of variance or: How I learned to stop worrying about means and love the homogeneity of variance assumption*. Paper presented to the annual meeting of the Southwest Educational Research Association, San Antonio, TX.
- Hale, N., **Tarlow, K. R.**, & Madkins, J. (2015, February). *The art and practice of case referral in a university counseling center*. Presentation at the annual Texas University and College Counseling Center Conference, Austin, TX.
- Tarlow, K. R.**, McCord, C. E., & Elliott, T. R. (2014, August). *Short-term benefits of telecounseling in a rural, low-SES Texas community*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

Research Software & Tools

- Tarlow, K. R.** (2018). *ITSSIM: Interrupted Time-Series Simulation, Version 1.0*. College Station, TX: Author. Retrieved from <http://www.ktarlow.com>
- Tarlow, K. R.** (2016). *Baseline Corrected Tau Calculator*. Retrieved from <http://www.ktarlow.com>
- Tarlow, K. R.**, & Penland, A. (2016). *Percentage of Nonoverlapping Data (PND) Calculator*. Retrieved from <http://www.ktarlow.com>

Grants and Funding

<i>under review</i>		U.S. Department of Health and Human Services (HHS) <i>Addressing COVID-19 Through Diagnostic Testing, Surveillance, and Vaccination: A Trusted Pathway to Reaching Vulnerable Communities (Hampton University)</i> Role: Co-PI (PI: William R. Harvey)
<i>under review</i>		U.S. Department of Veterans Affairs (VA) <i>Equine Assisted Therapy for Veterans with PTSD (Hampton University)</i> Role: Co-PI
2019 – 2020	\$15,000	Disabled Veterans National Foundation (DVNF) <i>Equine Assisted Therapy for Veterans with PTSD (Hampton University)</i> Role: Co-PI
2018 – 2021	\$975,000	Health Resource and Services Administration (HRSA) <i>e-PATTERN: Enhancing Patients' Access to Telehealth by Engaging Rural Networks</i> Role: grant-writing team (PI: Carly McCord)
2015 – 2018	\$1,200,000	Department of Defense Education Activity (DoDEA): Military-Connected Academic and Support Programs <i>Project SEW-B-IT: Social and Emotional Well-Being Intensive Training</i> Role: grant-writing team (Project Director: Georgette Price)

Academic Service

2020 – current	Member: <i>Advisory Committee on Libraries & Informational Services, Hampton University</i>
2019 – current	Member: <i>Improve Committee (Institutional Self-Assessment), Hampton University</i>
2019 – current	Faculty Advisor: <i>Psychology Club, Hampton University</i>
2018 – current	Chair: <i>Recruitment and Retention Committee, Department of Psychology, Hampton University</i>
2018 – current	Member: <i>Recruitment and Retention Committee, School of Liberal Arts & Education, Hampton University</i>
2018 – current	Member: <i>Graduate Curriculum Committee, Department of Psychology, Hampton University</i>

2017 Member: *Training Committee, Counseling & Psychological Services, Texas A&M University*
2016 Member: *Outcome Assessment Committee, Counseling & Psychological Services, Texas A&M University*

Honors and Awards

2019 Favorite Professor Award: *Student Support Services & Ronald E. McNair Scholars Program, Hampton University*
2017 Best Professional Research Activity: *Interprofessional Education and Research Symposium, Texas A&M Health Science Center*
2017 Distinguished Honor Graduate: *College of Education and Human Development, Texas A&M University*
2017 Advanced Research Methods Certificate: *College of Education and Human Development, Texas A&M University*
2016 – 2017 Professional Psychology Scholarship for Interns: *College of Education and Human Development, Texas A&M University* (\$1,000)
2012 – 2013 Department of Educational Psychology Scholarship: *College of Education and Human Development, Texas A&M University* (\$1,000)

Invited Lectures and Panels

2020 Minnesota Psychological Association: *Telehealth and Suicide in Rural Populations: Assessment and Intervention (Rural Behavioral Health Practice Series)*
2020 Center for Sexual Assault Survivors, Newport News, VA: *Supporting Male Victims of Sexual Trauma (Volunteer Training Series)*
2020 Student Counseling Center, Hampton University: *Telemental Health: Evidence and Practice*
2018 Alpha Phi Alpha, Hampton University: *Stress, Anxiety, and Coping*
2018 Center for Population Health and Aging, School of Public Health, Texas A&M University: *Diabetes and Depression.*
2018 Center for Population Health and Aging, School of Public Health, Texas A&M University: *Life & Diabetes: Stress and Depression (Making Moves with Diabetes)*
2017 School of Public Health, Texas A&M University: *Psychological Trauma & Posttraumatic Stress Disorder (PHLT 289 Zombie Apocalypse: A Public Health Matter)*
2017 Center for Population Health and Aging, Texas A&M Health Science Center: *Behavioral Health and Community Resources (1st Annual Diabetes Awareness Event)*
2017 Department of Educational Psychology, Texas A&M University: *Schizophrenia (CPSY 626 Psychopathology)*
2016, 2017 Department of Educational Psychology, Texas A&M University: *Group Psychotherapy (CPSY 635 Social-Counseling Psychology Interface)*
2013 Texas A&M Telebehavioral Care, Texas A&M University: *Helping Clients Understand Their Health Insurance Benefits*
2013 Talent Identification Program (TIP), Duke University: *Clinical Neuropsychology*

Teaching Experience

- **Undergraduate Courses at Hampton University (2018 – present)**
 - Introduction to Psychology
 - Abnormal Psychology
 - Marriage and Family Systems
 - Principles of Counseling and Psychotherapy
 - Research Methods
 - Statistics I
 - Independent Study

- **Graduate Courses at Hampton University (2018 – present)**
 - Professional Ethics
 - Thesis
- **Graduate Courses at Texas A&M University (2018)**
 - Research Methods
- **Undergraduate Courses at Hudson County Community College (2012)**
 - Introduction to Psychology
- **Undergraduate Courses at Saint Peter's University (2011 – 2012)**
 - Introduction to Psychology
- **Graduate Courses at Columbia University, taught as Teaching Assistant (2010 – 2011)**
 - Foundations of Counseling Skills
 - Group Counseling

Supervised Clinical Practicums (2010 – 2016)

- Counseling & Psychological Services, Texas A&M University, College Station, TX (university counseling center)
- Austin State Hospital, Austin, TX (psychiatric hospital)
- Health For All, Bryan, TX (primary care)
- Ellis Unit, Texas Department of Criminal Justice, Huntsville, TX (forensic/prison)
- Texas A&M Telebehavioral Care, Texas A&M University (community mental health clinic)
- Counseling and Assessment Clinic, Texas A&M University, Bryan, TX (community mental health clinic)
- Dean Hope Center for Educational and Psychological Services, Teachers College, Columbia University, New York, NY (community mental health clinic)
- New York Person-Centered Resource Center, New York, NY (private practice)

Media Coverage

- [Don't neglect spiritual, mental health during this time of health crisis, Baylor expert says](#), *Baylor University*, March 25, 2020.
- [Hampton University's Efforts to Change the Stigmas Around Mental Health](#), *Scripps Howard School of Journalism and Communications Blog*, Hampton University, January 22, 2020.
- [4 tips for avoiding burnout as a social worker](#), *Advocacy in Action*, Diana R. Garland School of Social Work, Baylor University, April 5, 2019.
- [Episode 47: How to find affordable counseling \(feat. Dr. Kevin Tarlow\)](#), *CXMH Podcast*, September 10, 2018.
- [At a distance: Telehealth and rural suicide risk assessment](#), *Vital Record*, August 27, 2018.
- [Texas A&M researchers telehealth and rural suicide risk assessment](#), *Connect*, Association of Schools and Programs of Public Health, August 23, 2018.
- [Talking about suicide in the wake of celebrity deaths](#), *KBTX-TV*, June 8, 2018.

Professional Memberships

- American Psychological Association (APA)
- APA Division 17, Society of Counseling Psychology

Updated: September 2020