

KEVIN R. TARLOW, PHD

Assistant Professor
Licensed Psychologist
Department of Psychology
University of Alaska Anchorage
krtarlow@alaska.edu
pronouns: he/him

EDUCATION

PhD, Counseling Psychology, 2017
Texas A&M University, College Station, TX

Master of Education, Counseling, 2011
Columbia University, New York, NY

Master of Arts, Counseling, 2011
Columbia University, New York, NY

Bachelor of Science, Psychology, 2009
Texas A&M University, College Station, TX

LICENSURE

Alaska, Licensed Psychologist #189196

Virginia, Licensed Clinical Psychologist #0810006724

Texas, Licensed Psychologist #38469 (inactive)

ACADEMIC APPOINTMENTS

Assistant Professor, Psychology, 2021–present
University of Alaska Anchorage, Anchorage, AK

Assistant Professor, Psychology, 2018–2021
Hampton University, Hampton, VA

Visiting Lecturer, Counseling Psychology, 2018
Texas A&M University, College Station, TX

Postdoctoral Fellow, Telebehavioral Care, 2017–2018
School of Public Health, Texas A&M University, College Station, TX

Adjunct Professor, Psychology, 2012
Hudson County Community College, Jersey City, NJ

Adjunct Professor, Psychology, 2011–2012
Saint Peter’s University, Jersey City, NJ

OTHER PROFESSIONAL EXPERIENCE

Secretary, Board of Directors, 2023–present
Alaska Psychological Association

Facilitator, Men’s Support Group, 2019–present
The Center for Sexual Assault Survivors, Newport News, VA

Editor, 2016–present
lowcosthelp.com

PEER REVIEWED PUBLICATIONS

* student coauthor

Tarlow, K. R. (2024). The colonial history of systemic racism: Insights for psychological science. *Perspectives on Psychological Science*. Advance online publication. <https://doi.org/10.1177/17456916231223932>

McCord, C. E., **Tarlow, K. R.**, & Terrebonne, T. (2022). In teletherapy we trust—now what? Three questions for mental health care stakeholders. *Clinical Psychology: Science and Practice, 29*(2), 179-181. <https://doi.org/10.1037/cps0000070>

Tarlow, K. R., Brossart, D. F., *McCammmon, A. M., *Giovanetti, A. J., *Belle, M. C., & *Philip, J. (2021). Reliable visual analysis of single-case data: A comparison of rating, ranking, and pairwise methods. *Cogent Psychology, 8*, 1-15. <https://doi.org/10.1080/23311908.2021.1911076>

Hutchins, N. S., Burke, M. D., Bowman-Perrott, L., **Tarlow, K. R.**, & Hatton, H. (2020). The effects of social skills interventions for students with EBD and ASD: A single-case meta-analysis. *Behavior Modification, 44*(5), 773-794. <https://doi.org/10.1177/0145445519846817>

Tarlow, K. R., McCord, C. E., *Nelon, J. L., & Bernhard, P. A. (2020). Comparing in-person supervision and telesupervision: A multiple baseline single-case study. *Journal of Psychotherapy Integration, 30*(2), 383-393. <https://doi.org/10.1037/int0000210>

Tarlow, K. R., McCord, C. E., Du, Y., Hammett, J., & *Wills, T. (2020). Rural mental health service utilization in a Texas telepsychology clinic. *Journal*

of Clinical Psychology, 76(6), 1004-1014.
<https://doi.org/10.1002/jclp.22903>

Saenz, J. J., *Sahu, A., **Tarlow, K. R.**, & Chang, J. (2020). Telepsychology: Training perspectives. *Journal of Clinical Psychology*, 76(6), 1101-1107.
<https://doi.org/10.1002/jclp.22875>

Tarlow, K. R., & *Johnson, T. A., & McCord, C. E. (2019). Rural status, suicide ideation, and telemental health: Risk assessment in a clinical sample. *Journal of Rural Health*, 35(2), 247-252. <https://doi.org/10.1111/jrh.12310>

*Sanchez Gonzalez, M. L., McCord, C. E., Dopp, A. R., **Tarlow, K. R.**, Dickey, N. J., McMaughan, D. K., & Elliott, T. R. (2019). Telemental health training and delivery in primary care: A case report of interdisciplinary treatment. *Journal of Clinical Psychology: In Session*, 75(2), 260-270.
<https://doi.org/10.1002/jclp.22719>

Tarlow, K. R., & Brossart, D. F. (2018). A comprehensive method of single-case data analysis: Interrupted Time-Series Simulation (ITSSIM). *School Psychology Quarterly*, 33(4), 590-603.
<https://doi.org/10.1037/spq0000273>

Tarlow, K. R. (2017). An improved rank correlation effect size statistic for single-case designs: Baseline Corrected Tau. *Behavior Modification*, 41(4), 427-467. <https://doi.org/10.1177/0145445516676750>

Tarlow, K. R., & Penland, A. (2016). Outcome assessment and inference with the Percentage of Nonoverlapping Data (PND) single-case statistic. *Practice Innovations*, 1(4), 221-233. <https://doi.org/10.1037/pri0000029>

Tarlow, K. R. (2016). Teaching principles of inference with ANOVA. *Teaching Statistics*, 38(1), 16-21. <https://doi.org/10.1111/test.12085>

Tarlow, K. R., McCord, C. E., Elliott, T. R., & Brossart, D. F. (2014). Health related quality of life of rural clients seeking telepsychology services. *International Journal of Telemedicine and Applications*, 2014, 7.
<https://doi.org/10.1155/2014/168158>

MANUSCRIPTS IN PROGRESS

Tarlow, K. R. (under review). *Psychotherapists as nonviolent protesters.*

Thompson, J. L., Root, J., Ko, E. H., **Tarlow, K. R.**, Foster, M., Harrod, H., & Kang, A. (under review). *A meta-analysis and evidence-based review of single-case research on reading interventions for students with autism spectrum disorder.*

CONFERENCE PROCEEDINGS

* student coauthor

- McCord, C. E., Perle, J. G., **Tarlow, K. R.**, Parks, T. M. G., Phillips Reindel, K. M., Ridley, C. R., & *Noon, P. (2023, August). *Telehealth competencies in the health professions: A review of guidelines and models* [conference poster]. American Psychological Association, Washington, DC.
- Tarlow, K. R.** (2022, October). *Telehealth and suicide in Alaska: Ethics and practice* [conference presentation]. Psychology Conference, Alaska Pacific University, Anchorage, AK.
- Tarlow, K. R.** (2020, April). *Justice as a first force in counseling and therapy*. Poster accepted for presentation at the annual meeting of the Society of Counseling Psychology (APA Division 17), New Orleans, LA. (conference canceled due to COVID-19 pandemic)
- Tarlow, K. R.**, Chang, J. E., McCord, C. E., *Du, Y., & *Hammett, J. (2018, August). *Improving access to care via a hub and spoke telehealth model in rural Texas*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- *Ponciano, C., *Philip, J., **Tarlow, K. R.**, & McCord, C. E. (2018, July). *Self-reported client concerns in telehealth counseling services with minority groups*. Poster presented at the biennial meeting of the Society for the Psychological Study of Culture, Ethnicity, and Race Research (American Psychological Association Division 45), Austin, TX.
- Tarlow, K. R.**, McCord, C. E., *Du, Y., *Hammett, J., & Chang, J. E. (2018, June). *Overcoming geographical distances: An investigation of a hub and spoke telemental health model*. Presented at the Annual Research Meeting of Academy Health, Seattle, WA.
- Tarlow, K. R.** (2018, February). *Meta-analysis of single-case research: Applications to autism telepractice*. In P. Yovanoff (Chair), Single-case research effect size estimation and meta-analysis: Issues and applications. Panel conducted at the Pacific Coast Research Conference, San Diego, CA.
- *Kleine-Kracht, D., *Kaysey, A., *Giovanetti, A., *Parks, T., McCord, C., & **Tarlow, K. R.** (2017, November). *The nature and challenges of referral sources for low SES and rural populations at a telecounseling clinic*. Poster presented at the annual meeting of the Texas Psychological Association, Houston, TX.

Tarlow, K. R., Dickey, E., Dickey, N. W., McCord, C. E., Poston, D., & Watzak, B. (2017, September). *A model of interprofessional collaboration in a free healthcare clinic: The Health For All Health Huddle*. Poster presented at the annual meeting of the Interprofessional Education and Research Symposium, Bryan, TX. (Winner: Best Interprofessional Activity)

Saenz, J. J., Rosner, C. M., Garney, W., McCord, C. E., Dornhecker, C., Kates, A., Dornhecker, M., & **Tarlow, K. R.** (2016, August). *Confronting LGBTQ+ health disparities: An interdisciplinary approach for policy and practice*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

Tarlow, K. R. (2015, February). *Analysis of variance or: How I learned to stop worrying about means and love the homogeneity of variance assumption*. Paper presented to the annual meeting of the Southwest Educational Research Association, San Antonio, TX.

Hale, N., **Tarlow, K. R.**, & Madkins, J. (2015, February). *The art and practice of case referral in a university counseling center*. Presentation at the annual Texas University and College Counseling Center Conference, Austin, TX.

Tarlow, K. R., McCord, C. E., & Elliott, T. R. (2014, August). *Short-term benefits of telecounseling in a rural, low-SES Texas community*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

RESEARCH SOFTWARE AND TOOLS

Tarlow, K. R. (2018). *ITSSIM: Interrupted Time-Series Simulation, Version 1.0*. College Station, TX: Author. <https://www.ktarlow.com>

Tarlow, K. R. (2016). *Baseline Corrected Tau Calculator*. <https://www.ktarlow.com>

Tarlow, K. R., & Penland, A. (2016). *Percentage of Nonoverlapping Data (PND) Calculator*. <https://www.ktarlow.com>

GRANTS AND FUNDING

\$15,000: Disabled Veterans National Foundation, 2019–2020
Equine Assisted Therapy for Veterans with PTSD (Hampton University)
Role: Co-Investigator (PI: Kermit Crawford)

\$975,000: Health Resource and Services Administration (HRSA), 2018–2021
e-PATTERN: Enhancing Patients’ Access to Telehealth by Engaging Rural
Networks (Texas A&M University)
Role: Grant-writing team (PI: Carly McCord)

\$1,200,000: Department of Defense Education Activity, 2015–2018
SEW-B-IT: Social and Emotional Well-Being Intensive Training (Bossier Parish
Schools, Bossier Parish, Louisiana)
Role: Grant-writing team (PI: Georgette Price)

INVITED LECTURES AND TRAININGS

Alaska Psychological Association, Jan 2022
Telehealth and Suicide in Alaska: Ethics and Practice
Continuing Education Series

Hampton VA Medical Center, Hampton, VA, May 2021
Ethical Considerations for Treating Suicidal Clients with Telehealth
Continuing Education Series

Minnesota Psychological Association, Dec 2020
Telehealth and Suicide in Rural Populations: Assessment and Intervention
Rural Behavioral Health Practice Series

Hampton Youth Commission, Hampton, VA, Dec 2020
Youth Mental Health Forum
Hampton TV, Channel 47

Center for Sexual Assault Survivors, Newport News, VA, Sep 2020
Supporting Male Sexual Assault Survivors
Continuing Education Series

Student Counseling Center, Hampton University, Jun 2020
Telemental Health: Evidence and Practice

Alpha Phi Alpha, Hampton University, 2018
Stress, Anxiety, and Coping

School of Public Health, Texas A&M University, 2018
Life & Diabetes: Stress and Depression
Making Moves with Diabetes

School of Public Health, Texas A&M University, 2017
Psychological Trauma & Posttraumatic Stress Disorder
PHLT 289 Zombie Apocalypse: A Public Health Matter

School of Public Health, Texas A&M University, 2017
Behavioral Health and Community Resources
1st Annual Diabetes Awareness Event

Telebehavioral Care, Texas A&M University, 2013
Helping Clients Understand Their Health Insurance Benefits

Talent Identification Program, Duke University, 2013
Clinical Neuropsychology

TEACHING EXPERIENCE

Graduate Courses at University of Alaska Anchorage (2021–present)

PSY A611 Ethics & Professional Practice
PSY A629 Intervention II
PSY A652 Clinical Practicum I
PSY A653 Clinical Practicum II
PSY A684 Clinical Supervision/Consultation
PSY A670 Psychotherapy Internship

Undergraduate Courses at University of Alaska Anchorage (2021–present)

PSY A499 Senior Thesis

Graduate Courses at Hampton University (2018–present)

PSY 530 Professional Ethics
PSY 686 Thesis

Undergraduate Courses at Hampton University (2018–2021)

PSY 203 Introduction to Psychology
PSY 208 Research Methods
PSY 300 Abnormal Psychology
PSY 346 Statistics I
PSY 404 Marriage and Family Systems
PSY 404 Principles of Counseling and Psychotherapy
PSY 409 Independent Study

Graduate Courses at Texas A&M University (2018)

CPSY 690 Research Methods

Undergraduate Courses at Hudson County Community College (2012)

PSY 101 Introduction to Psychology

Undergraduate Courses at Saint Peter's University (2011–2012)

PS 101 Introduction to Psychology

ACADEMIC SERVICE

PhD Program, Department of Psychology, University of Alaska Anchorage
Chair (2023) & Member, Internship Committee, 2021–present
Member, Outcomes Committee, 2021–present
Member, Competencies Committee, 2021–present

Department of Psychology, Hampton University
Faculty Advisor, Psychology Club, 2019–2021
Chair, Recruitment & Retention Committee, 2018–2021
Member, Graduate Curriculum Committee, 2018–2021

School of Liberal Arts & Education, Hampton University
Member, Recruitment & Retention Committee, 2018–2021
Member, Writing Across the Curriculum Committee, 2019–2021

Hampton University
Member, Advisory Committee on Libraries & Information Services, 2020–2021
Member, Committee on Board Relationships, 2020–2021
Member, IMPROVE Committee (Institutional Self-Assessment), 2019–2021

Counseling & Psychological Services, Texas A&M University
Member, Training Committee, 2017
Member, Outcome Assessment Committee, 2016

HONORS AND AWARDS

Favorite Professor Award, Student Support Services & Ronald E. McNair
Scholars Program, Hampton University, 2019

Best Professional Research Activity, Interprofessional Education and Research
Symposium, Texas A&M Health Science Center, 2017

Advanced Research Methods Certificate, College of Education and Human
Development, Texas A&M University, 2017

Distinguished Honor Graduate, College of Education and Human Development,
Texas A&M University, 2016

MEDIA COVERAGE

[We asked a psychologist about “True Detective” Season 4](#), *Esquire*, 23 February
2024.

[Youth Mental Health Forum, Hampton Youth Commission](#), *Hampton TV (Cox
Channel 47 and FIOS Channel 22)*, 16 December 2020.

[Don't neglect spiritual, mental health during this time of health crisis, Baylor expert says](#), *Baylor University*, 25 March 2020.

[Hampton University's Efforts to Change the Stigmas Around Mental Health](#), *Scripps Howard School of Journalism and Communications Blog*, *Hampton University*, 22 January 2020.

[4 tips for avoiding burnout as a social worker, Advocacy in Action](#), *Diana R. Garland School of Social Work, Baylor University*, 5 April 2019.

[Episode 47: How to find affordable counseling \(feat. Dr. Kevin Tarlow\)](#), *CXMH Podcast*, 10 September 2018.

[At a distance: Telehealth and rural suicide risk assessment](#), *Vital Record*, 27 August 2018.

[Texas A&M researchers telehealth and rural suicide risk assessment](#), *Connect, Association of Schools and Programs of Public Health*, 23 August 2018.

[Talking about suicide in the wake of celebrity deaths](#), *KBTX-TV*, 8 June 2018.

MEMBERSHIPS

American Psychological Association

Society of Counseling Psychology (APA Division 17)

Alaska Psychological Association

Updated: February 2024