

## **KEVIN R. TARLOW, PHD**

Assistant Professor  
Licensed Psychologist  
Department of Psychology  
University of Alaska Anchorage  
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pronouns: he/him

### **Education**

**PhD, Counseling Psychology, 2017**  
Texas A&M University, College Station, TX

**Master of Education, Counseling, 2011**  
Columbia University, New York, NY

**Master of Arts, Counseling, 2011**  
Columbia University, New York, NY

**Bachelor of Science, Psychology, 2009**  
Texas A&M University, College Station, TX

### **Licensure**

**Alaska**, Licensed Psychologist #189196

**Virginia**, Licensed Clinical Psychologist #0810006724

### **Academic Appointments**

**Assistant Professor, Psychology, 2021–present**  
Core Faculty, Clinical-Community Psychology Doctoral Program  
University of Alaska Anchorage, Anchorage, AK

**Assistant Professor, Psychology, 2018–2021**  
Hampton University, Hampton, VA

**Visiting Lecturer, Counseling Psychology, 2018**  
Texas A&M University, College Station, TX

**Postdoctoral Fellow, Telebehavioral Care, 2017–2018**  
School of Public Health, Texas A&M University, College Station, TX

**Adjunct Instructor, Psychology, 2012**  
Hudson County Community College, Jersey City, NJ

**Adjunct Instructor, Psychology, 2011–2012**  
Saint Peter's University, Jersey City, NJ

## **Other Professional Activities**

**Secretary, Board of Directors, 2023–present**  
Alaska Psychological Association

**Chair, Ethics Committee, 2024–present**  
Alaska Psychological Association

**Facilitator, Men's Support Group, 2020–present**  
The Center for Sexual Assault Survivors, Newport News, VA

## **Peer-Reviewed Publications**

\*student coauthor

**Tarlow, K. R.**, \*Booth, C. M., & \*Timmins, A. L. (2026). Therapists as nonviolent protesters. *American Journal of Orthopsychiatry*. Advance online publication. <https://doi.org/10.1037/ort0000927>

\*Noon, P. L., \*Booth, C. M., \*Arroyo, E. I., **Tarlow, K. R.**, & Kim, S. M. (2025). Working across contexts: Critical events in rural teletherapy. *Rural and Remote Health*. <https://doi.org/10.22605/RRH10336>

\*Noon, P. L., **Tarlow, K. R.**, \*Booth, C. M., & Tucker, B. C. (2025). Telesupervision for postdoctoral psychologist licensure: Policy differences across 50 states. *Journal of Rural Mental Health*, 49(4), 456-465. <https://doi.org/10.1037/rmh0000293>

**Tarlow, K. R.** (2025). The colonial history of systemic racism: Insights for psychological science. *Perspectives on Psychological Science*, 20(4), 730-743. <https://doi.org/10.1177/17456916231223932>

McCord, C. E., **Tarlow, K. R.**, & Terrebonne, T. (2022). In teletherapy we trust—now what? Three questions for mental health care stakeholders. *Clinical Psychology: Science and Practice*, 29(2), 179-181. <https://doi.org/10.1037/cps0000070>

**Tarlow, K. R.**, Brossart, D. F., \*McCammon, A. M., \*Giovanetti, A. J., \*Belle, M. C., & \*Philip, J. (2021). Reliable visual analysis of single-case data: A comparison of rating, ranking, and pairwise methods. *Cogent Psychology*, 8, 1-15. <https://doi.org/10.1080/23311908.2021.1911076>

Hutchins, N. S., Burke, M. D., Bowman-Perrott, L., **Tarlow, K. R.**, & Hatton, H. (2020). The effects of social skills interventions for students with EBD

and ASD: A single-case meta-analysis. *Behavior Modification*, 44(5), 773-794. <https://doi.org/10.1177/0145445519846817>

- Tarlow, K. R.**, McCord, C. E., \*Nelson, J. L., & Bernhard, P. A. (2020). Comparing in-person supervision and telesupervision: A multiple baseline single-case study. *Journal of Psychotherapy Integration*, 30(2), 383-393. <https://doi.org/10.1037/int0000210>
- Tarlow, K. R.**, McCord, C. E., Du, Y., Hammett, J., & \*Wills, T. (2020). Rural mental health service utilization in a Texas telepsychology clinic. *Journal of Clinical Psychology*, 76(6), 1004-1014. <https://doi.org/10.1002/jclp.22903>
- Saenz, J. J., \*Sahu, A., **Tarlow, K. R.**, & Chang, J. (2020). Telepsychology: Training perspectives. *Journal of Clinical Psychology*, 76(6), 1101-1107. <https://doi.org/10.1002/jclp.22875>
- Tarlow, K. R.**, & \*Johnson, T. A., & McCord, C. E. (2019). Rural status, suicide ideation, and telemental health: Risk assessment in a clinical sample. *Journal of Rural Health*, 35(2), 247-252. <https://doi.org/10.1111/jrh.12310>
- \*Sanchez Gonzalez, M. L., McCord, C. E., Dopp, A. R., **Tarlow, K. R.**, Dickey, N. J., McMaughan, D. K., & Elliott, T. R. (2019). Telemental health training and delivery in primary care: A case report of interdisciplinary treatment. *Journal of Clinical Psychology: In Session*, 75(2), 260-270. <https://doi.org/10.1002/jclp.22719>
- Tarlow, K. R.**, & Brossart, D. F. (2018). A comprehensive method of single-case data analysis: Interrupted Time-Series Simulation (ITSSIM). *School Psychology Quarterly*, 33(4), 590-603. <https://doi.org/10.1037/spq0000273>
- Tarlow, K. R.** (2017). An improved rank correlation effect size statistic for single-case designs: Baseline Corrected Tau. *Behavior Modification*, 41(4), 427-467. <https://doi.org/10.1177/0145445516676750>
- Tarlow, K. R.**, & Penland, A. (2016). Outcome assessment and inference with the Percentage of Nonoverlapping Data (PND) single-case statistic. *Practice Innovations*, 1(4), 221-233. <https://doi.org/10.1037/pri0000029>
- Tarlow, K. R.** (2016). Teaching principles of inference with ANOVA. *Teaching Statistics*, 38(1), 16-21. <https://doi.org/10.1111/test.12085>
- Tarlow, K. R.**, McCord, C. E., Elliott, T. R., & Brossart, D. F. (2014). Health related quality of life of rural clients seeking telepsychology services.

## Manuscripts in Progress

\*student coauthor

**Tarlow, K. R.**, \*Nisbett, B., & Jeffrey, C. E. (in progress). *Being White: A phenomenological study of White therapists' racial identity*.

**Tarlow, K. R.**, & \*Kiker, L. (in progress). *What about capitalism? A national survey of psychology doctoral student attitudes*.

## Conference Proceedings

\*student coauthor

\*Noon, P. L., \*Booth, C. M., \*Arroyo, E. I., & **Tarlow, K. R.** (2025, April). *Working across contexts: Critical events in rural teletherapy* [poster presentation]. Behavioral Sciences Conference of the North, University of Alaska Anchorage, Anchorage, AK.

\*Noon, P. L., **Tarlow, K. R.**, \*Booth, C. M. (2024, April). *Telesupervision for postdoctoral psychologist licensure: Policy differences across 50 states* [poster presentation]. Behavioral Sciences Conference of the North, University of Alaska Anchorage, Anchorage, AK.

McCord, C. E., Perle, J. G., **Tarlow, K. R.**, Parks, T. M. G., Phillips Reindel, K. M., Ridley, C. R., & \*Noon, P. (2023, August). *Telehealth competencies in the health professions: A review of guidelines and models* [conference poster]. American Psychological Association, Washington, DC.

**Tarlow, K. R.** (2022, October). *Telehealth and suicide in Alaska: Ethics and practice* [conference presentation]. Psychology Conference, Alaska Pacific University, Anchorage, AK.

**Tarlow, K. R.** (2020, April). *Justice as a first force in counseling and therapy*. Poster accepted for presentation at the annual meeting of the Society of Counseling Psychology (APA Division 17), New Orleans, LA. (conference canceled due to COVID-19 pandemic)

**Tarlow, K. R.**, Chang, J. E., McCord, C. E., \*Du, Y., & \*Hammett, J. (2018, August). *Improving access to care via a hub and spoke telehealth model in rural Texas*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

\*Ponciano, C., \*Philip, J., **Tarlow, K. R.**, & McCord, C. E. (2018, July). *Self-reported client concerns in telehealth counseling services with minority groups*. Poster presented at the biennial meeting of the Society

for the Psychological Study of Culture, Ethnicity, and Race Research (American Psychological Association Division 45), Austin, TX.

**Tarlow, K. R.**, McCord, C. E., \*Du, Y., \*Hammett, J., & Chang, J. E. (2018, June). *Overcoming geographical distances: An investigation of a hub and spoke telemental health model*. Presented at the Annual Research Meeting of Academy Health, Seattle, WA.

**Tarlow, K. R.** (2018, February). *Meta-analysis of single-case research: Applications to autism telepractice*. In P. Yovanoff (Chair), Single-case research effect size estimation and meta-analysis: Issues and applications. Panel conducted at the Pacific Coast Research Conference, San Diego, CA.

\*Kleine-Kracht, D., \*Kaysey, A., \*Giovanetti, A., \*Parks, T., McCord, C., & **Tarlow, K. R.** (2017, November). *The nature and challenges of referral sources for low SES and rural populations at a telecounseling clinic*. Poster presented at the annual meeting of the Texas Psychological Association, Houston, TX.

**Tarlow, K. R.**, Dickey, E., Dickey, N. W., McCord, C. E., Poston, D., & Watzak, B. (2017, September). *A model of interprofessional collaboration in a free healthcare clinic: The Health For All Health Huddle*. Poster presented at the annual meeting of the Interprofessional Education and Research Symposium, Bryan, TX. (Winner: Best Interprofessional Activity)

Saenz, J. J., Rosner, C. M., Garney, W., McCord, C. E., Dornhecker, C., Kates, A., Dornhecker, M., & **Tarlow, K. R.** (2016, August). *Confronting LGBTQ+ health disparities: An interdisciplinary approach for policy and practice*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

**Tarlow, K. R.** (2015, February). *Analysis of variance or: How I learned to stop worrying about means and love the homogeneity of variance assumption*. Paper presented to the annual meeting of the Southwest Educational Research Association, San Antonio, TX.

Hale, N., **Tarlow, K. R.**, & Madkins, J. (2015, February). *The art and practice of case referral in a university counseling center*. Presentation at the annual Texas University and College Counseling Center Conference, Austin, TX.

**Tarlow, K. R.**, McCord, C. E., & Elliott, T. R. (2014, August). *Short-term benefits of telecounseling in a rural, low-SES Texas community*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

## Grants and Funding

**\$15,000: Disabled Veterans National Foundation, 2019–2020**

Equine Assisted Therapy for Veterans with PTSD (Hampton University)

Role: Co-Investigator (PI: Kermit Crawford)

**\$975,000: Health Resource and Services Administration (HRSA), 2018–2021**

e-PATTERN: Enhancing Patients' Access to Telehealth by Engaging Rural Networks (Texas A&M University)

Role: Grant-writing team (PI: Carly McCord)

**\$1,200,000: Department of Defense Education Activity, 2015–2018**

SEW-B-IT: Social and Emotional Well-Being Intensive Training (Bossier Parish Schools, Bossier Parish, Louisiana)

Role: Grant-writing team (PI: Georgette Price)

## Invited Lectures and Trainings

**Alaska Psychological Association, Sep 2025**

Psychotherapists as Nonviolent Protesters: Adapting Therapy Strategies for Systemic Change

Continuing Education Series

**Houston Psychological Association, Aug 2025**

Psychotherapists as Nonviolent Protesters: Adapting Therapy Strategies for Systemic Change

Continuing Education Series

**Student Advising, University of Alaska Anchorage, Sep 2024**

Stress Management Toolkit

Academic Advising Professional Development Series

**Alaska Psychological Association, Jan 2022**

Telehealth and Suicide in Alaska: Ethics and Practice

Continuing Education Series

**Hampton VA Medical Center, Hampton, VA, May 2021**

Ethical Considerations for Treating Suicidal Clients with Telehealth

Continuing Education Series

**Minnesota Psychological Association, Dec 2020**

Telehealth and Suicide in Rural Populations: Assessment and Intervention

Rural Behavioral Health Practice Series

**Hampton Youth Commission, Hampton, VA, Dec 2020**

Youth Mental Health Forum

Hampton TV, Channel 47

**Center for Sexual Assault Survivors, Newport News, VA, Sep 2020**

Supporting Male Sexual Assault Survivors

Continuing Education Series

**Student Counseling Center, Hampton University, Jun 2020**

Telemental Health: Evidence and Practice

**Alpha Phi Alpha, Hampton University, 2018**

Stress, Anxiety, and Coping

**School of Public Health, Texas A&M University, 2018**

Life & Diabetes: Stress and Depression

Making Moves with Diabetes

**School of Public Health, Texas A&M University, 2017**

Psychological Trauma & Posttraumatic Stress Disorder

PHLT 289 Zombie Apocalypse: A Public Health Matter

**School of Public Health, Texas A&M University, 2017**

Behavioral Health and Community Resources

1st Annual Diabetes Awareness Event

**Telebehavioral Care, Texas A&M University, 2013**

Helping Clients Understand Their Health Insurance Benefits

**Talent Identification Program, Duke University, 2013**

Clinical Neuropsychology

## **Teaching Experience**

**Graduate Courses at University of Alaska Anchorage (2021–present)**

PSY A611 Ethics & Professional Practice

PSY A623 Intervention I

PSY A629 Intervention II

PSY A652 Clinical Practicum I

PSY A653 Clinical Practicum II

PSY A654 Cultural Issues in Psychotherapy

PSY A684 Clinical Supervision & Consultation

PSY A698P Research Project

PSY A699 Thesis

PSY A670 Psychotherapy Internship

**Undergraduate Courses at University of Alaska Anchorage (2021–present)**

PSY A380 Psychology of Stress and Coping

PSY A499 Senior Thesis

**Graduate Courses at Hampton University (2018–2021)**

PSY 530 Professional Ethics

PSY 686 Thesis

**Undergraduate Courses at Hampton University (2018–2021)**

PSY 203 Introduction to Psychology

PSY 208 Research Methods

PSY 300 Abnormal Psychology

PSY 346 Statistics I

PSY 404 Marriage and Family Systems

PSY 404 Principles of Counseling and Psychotherapy

PSY 409 Independent Study

**Graduate Courses at Texas A&M University (2018)**

CPSY 690 Research Methods

**Undergraduate Courses at Hudson County Community College (2012)**

PSY 101 Introduction to Psychology

**Undergraduate Courses at Saint Peter's University (2011–2012)**

PS 101 Introduction to Psychology

**Academic Service**

**PhD Program, Department of Psychology, University of Alaska Anchorage**

Chair (2023–present) & Member, Internship Committee, 2021–present

Member, Outcomes Committee, 2021–present

Member, Competencies Committee, 2021–present

**Department of Psychology, Hampton University**

Faculty Advisor, Psychology Club, 2019–2021

Chair, Recruitment & Retention Committee, 2018–2021

Member, Graduate Curriculum Committee, 2018–2021

**School of Liberal Arts & Education, Hampton University**

Member, Recruitment & Retention Committee, 2018–2021

Member, Writing Across the Curriculum Committee, 2019–2021

**Hampton University**

Member, Advisory Committee on Libraries & Information Services, 2020–2021

Member, Committee on Board Relationships, 2020–2021

Member, IMPROVE Committee (Institutional Self-Assessment), 2019–2021

**Counseling & Psychological Services, Texas A&M University**  
Member, Training Committee, 2017  
Member, Outcome Assessment Committee, 2016

## Honors and Awards

**Favorite Professor Award**, Student Support Services & Ronald E. McNair  
Scholars Program, Hampton University, 2019

**Best Professional Research Activity**, Interprofessional Education and Research  
Symposium, Texas A&M Health Science Center, 2017

**Advanced Research Methods Certificate**, College of Education and Human  
Development, Texas A&M University, 2017

**Distinguished Honor Graduate**, College of Education and Human Development,  
Texas A&M University, 2016

## Writing for the Public

[Gov. Dunleavy's medical board is discriminating against trans children](#),  
*Anchorage Daily News*, 27 August 2025.

## Media Coverage

[One month after Supreme Court's conversion therapy ruling, Alaska's only ordinance remains untested](#), *Alaska's News Source (KTUU)*, 4 May 2026.

[Alaska's Medical Board moves to ban gender-affirming care for trans minors](#),  
*Erin In The Morning*, 26 August 2025.

[We asked a psychologist about "True Detective" Season 4](#), *Esquire*, 23 February  
2024.

[Youth Mental Health Forum, Hampton Youth Commission](#), *Hampton TV (Cox  
Channel 47 and FIOS Channel 22)*, 16 December 2020.

[Don't neglect spiritual, mental health during this time of health crisis, Baylor expert says](#), *Baylor University*, 25 March 2020.

[Hampton University's efforts to change the stigmas around mental health](#), *Scripps  
Howard School of Journalism and Communications Blog, Hampton  
University*, 22 January 2020.

[4 tips for avoiding burnout as a social worker, Advocacy in Action](#), *Diana R.  
Garland School of Social Work, Baylor University*, 5 April 2019.

[Episode 47: How to find affordable counseling \(feat. Dr. Kevin Tarlow\)](#), *CXMH Podcast*, 10 September 2018.

[At a distance: Telehealth and rural suicide risk assessment](#), *Vital Record*, 27 August 2018.

[Texas A&M researchers telehealth and rural suicide risk assessment](#), *Connect, Association of Schools and Programs of Public Health*, 23 August 2018.

[Talking about suicide in the wake of celebrity deaths](#), *KBTX-TV*, 8 June 2018.

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**Updated: May 2026**